

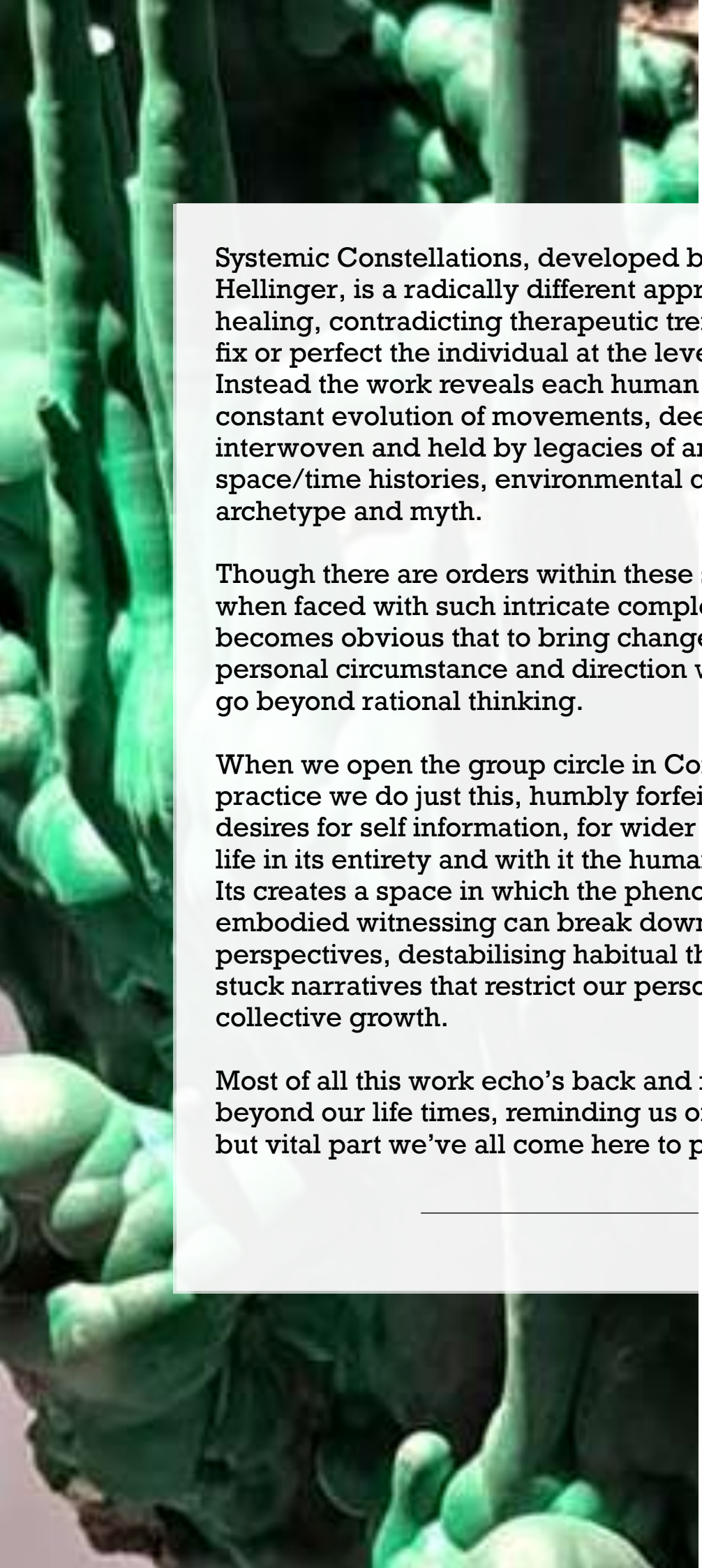
RESOLUTION 3

29th-31st January 2027, Bidston Observatory, Merseyside

Three days of Spiritual Healing using Ancestral & Systemic Constellations, in the lineage of Burt Hellinger and Ron Young.

Hosted by Fi Fane-James, Charlene Murphy, Cathy Kamau & Stella Cairns.

BOARC



Systemic Constellations, developed by Burt Hellinger, is a radically different approach to group healing, contradicting therapeutic trends that aim to fix or perfect the individual at the level of identity. Instead the work reveals each human being as a constant evolution of movements, deeply interwoven and held by legacies of ancestry, space/time histories, environmental context, archetype and myth.

Though there are orders within these systems, when faced with such intricate complexity, it becomes obvious that to bring change to our personal circumstance and direction we need to go beyond rational thinking.

When we open the group circle in Constellational practice we do just this, humbly forfeiting our egos desires for self information, for wider truths about life in its entirety and with it the human condition. Its creates a space in which the phenomenology of embodied witnessing can break down judgemental perspectives, destabilising habitual thinking and stuck narratives that restrict our personal and collective growth.

Most of all this work echo's back and resonates far beyond our life times, reminding us of the small but vital part we've all come here to play.

All images of minerals thanks to
Tom Halstead
(Natural History Museum '24)



TIMINGS

Arrival by Friday 11am

Saturday 10am - 6pm

Closing 4pm Sunday

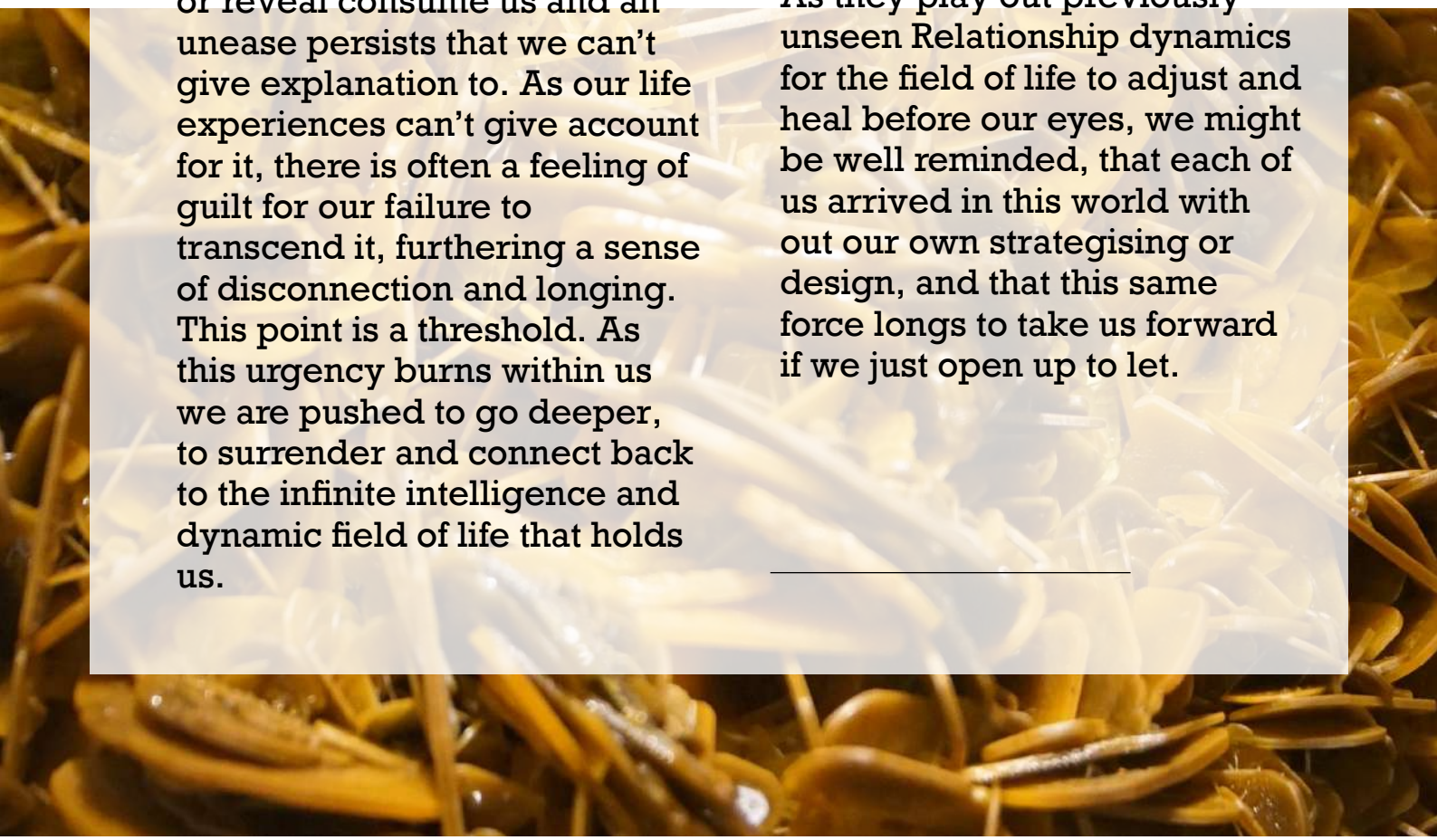
This is being offered as a weekend residential allowing us to fully immerse ourselves in the work whilst being supported be the beautiful environment at Bidston Observatory.

It is possible to stay additional nights at the Observatory.



There comes certain point in an individuals development when, no matter the wonders of the therapeutic approach or will we put behind it, we find our selves hitting a limit in our progression. Where questions of why something wont release or reveal consume us and an unease persists that we can't give explanation to. As our life experiences can't give account for it, there is often a feeling of guilt for our failure to transcend it, furthering a sense of disconnection and longing. This point is a threshold. As this urgency burns within us we are pushed to go deeper, to surrender and connect back to the infinite intelligence and dynamic field of life that holds us.

Constellation Practice offers us such an opportunity. It invites us to move beyond doubt and self refusal as we witness others, without any background knowledge, embody aspects of the ancestral story held with in us. As they play out previously unseen Relationship dynamics for the field of life to adjust and heal before our eyes, we might be well reminded, that each of us arrived in this world with out our own strategising or design, and that this same force longs to take us forward if we just open up to let.



This offering is not linked to any singular tradition or spiritual framework. Heavily indebted to our root teacher Ron Young whose practice sits in the intersection of many wisdom linages, the call is to come in the fullness of your own histories of faith and systems of belief.

Ron worked along side Hellinger from 2006-10, to develop The Big Field and The Deep Field Constellations, The Holy Spiritual Constellations and The Sacred Spiritual Constellations.
We integrate these forms of the work.

With this we honour the linage of teachers supporting this work:
Burt Hellinger
Hilda Charlton
Stylianos Atteshlis - Daskalos
Yolanda Betegh
Orestes Valdez
Yogi Ramsuratkumar
Paramahansa Yoganada
Sarah Peck

HOSTING



Fi Fane-James:

I'm a embodied health practitioner and Spiritual Healer, specialising in Trauma Release and the energetic alignment of the body. I'm also co founder of Bidston Observatory, a not-for-profit research centre aimed at supporting community.

Certified in Spiritual Constellations (including Family, Systemic, Geopathic, Spirit Mind Constellations), Tension and Trauma Release Exercises (TRE ®), Internal Family Systems (IFS- Level 3), Brainspotting (BSP- Level 3) and Quantum Energy Coaching (QEC) I also work with Rosalyn L Bruyere's energy Chelation.



Charlene Murphy:

I am a healing practitioner with a background in psychology, working in a trauma informed and compassionate way.

I have worked extensively with marginalised communities, particularly supporting highly sensitive and neurodivergent children and their families. I am certified in Family, Organisational, Spiritual, Spirit Mind Movements, Archetypal, Gaia Life, and Geopathic Constellations, alongside other spiritual healing practices.



Cathy Kamau:

Cathy is devoted life coach and spiritual healer, dedicated to helping women embrace their divine feminine essence. Her goal is to create a sense of magic and joy in peoples lives by connecting them to the divine, in themselves, and others.

Certified in Constellation Healing, she is passionate about guiding others towards greater confidence, and success through the inner reflection that leads spiritual growth. Supporting clients as they navigate life's challenges and rediscover their inner strength, her approach is gentle and nurturing, grounded in compassion, and accountability.



Stella Cairns:

Has been working with Reiki for many, many years and is a practicing Buddhist.

She was also at Greenham Common Womens Peace Camp, has worked in activism, social justice and co-ran Nestworks an insemination project for Queer women helping to bring many children into the world. She's a force and its a true honour to have her holding the field with us.

If your heart feels called to this work you are welcome.

If you are wondering if it is right for you I'm happy to speak on the phone to expand on this more. For now I offer the most basic description of the form the practice takes for people new to the work.

The practice starts in an open circle. Working for a person presenting with an urgency, members of the group are called in to represent different aspects of the story thats held within their wider system or "field of consciousness". As the work begins these representatives will start to have thoughts, feelings and inclinations that are not their own or self motivated but stem from the aspect or character they've been called to represent. They might wish to shift physical position, or experience an attitude towards another, that when allowed to play out, start to reveal underlying dynamics and unresolved conflict present in the clients field seeded long ago in ancestry. When this unfurling is witnessed by the client without judgment of whats happening, new movements and possibilities begin to emerge. Reconciliation and remorse catalyse change in the field and as those historically excluded take their place and receive acknowledgement, there is opportunity for old burdens carried generation, to generation to resolve and be let go of. The results of this, are astounding, taking effect in an individuals life in unimaginable ways over the years that follow.

Further to this, its evident, those drawn in as representatives are not there arbitrarily, each one is called forth by an unknown ancestral resonance within their systems, to the character or story line they are playing. In this way everyone working also receives a Constellation exposing the intricate web of human connectivity and synchronicity that normally goes unnoticed.

To someone new to spiritual practice this all might seem far fetched but the opening of Circles so the force of life might bring moments of grace forward, spans mellennia, crossing cultures and traditions. Constellations was never "designed" owing influence to Zulu community practice from Hellingers time in South Africa amongst other forms.

Any assertions made about the practice, and orders it reveals, are the direct results of the observation of many 1000's of constellations and the phenomena witnessed repeatedly in them.

The profundity of this work and its implications only begins to become graspable by participating in it. It requires and open mind and willingness to humbly accept the limitations of human knowledge and control.



ABOUT BIDSTON OBSERVATORY

BOARC is a not-for-profit study site focused on providing individual users and groups with a low cost temporary residence from which to develop their work and creative strategies.

Based in a historic former observatory building in Merseyside, it is an experimental project, primarily directed towards cultural production, social activism and supporting the development of communities.
It welcomes practitioners from a diversity of fields (inc. art, philosophy, politics, earth and social sciences, healing and somatics, coding etc) to test and share knowledge, resource and arrange collectively, regardless of background or professional standing.













BOARC accommodates up to 26 people beds are comfy and rooms range from private double rooms, an accessible ground floor room, family rooms and 3-8 person dorms.

Surrounded by beautiful woodland its just 30mins from Liverpool City centre and connects easily to both Manchester and Liverpool Airports.

BOARC operates a safer spaces policy and those planning to stay are requested to familiarise themselves with BOARC's values and accountability statement.
http://bidstonobservatory.org/?accountability

For more information and directions on how to get there please visit:
https://www.positiveplasticityproject.com/facillitating-supporting



Wilding Way, Prenton,
CH43 7RA, UK
44 (0) 7385 296 328

COSTS

Residential option : £350
Cost inclusive of 2 nights accommodation, vegetarian meals and refreshments
(from lunch Fri - lunch Sun)

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Whilst staying on site is highly advised, for those based locally, we are also offering;

Non-residential option : £275
This includes site usage fee and meals etc
(lunch Fri - lunch Sun)

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There are 2 places for people in full-time care/ support roles.
These are priced at £200 to covers the direct expenses (accommodation, food, the chef and facilitator transport).

There are a further 2 places at £300 for those unable to work or facing precarity due to racial marginalisation.

These will be allocated first come first served.

If you have worked with me before, and cost is still a barrier please reach out.

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My deepest gratitude goes to my fellow facilitators who give their work 'in service' and well bellow our regular teaching rates to make this offering as accessible as possible. Thank you.

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Additional details:

Brendan Curtis (Eat me, Preach) will be in the kitchen, his food is really amazing. He will be cooking us 2 hearty and healthy meals a day, breakfast and refreshments will be provide for through out.

Food will be vegetarian though vegan can be catered for and intolerance born in mind with advance notice.

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Accommodation is typically based on 2 people sharing.

Additional nights can be booked at BOARC's standard rate for individual stay £33 per night.

Though we can not offer child care dependents with carers are welcome to use the observatory over this period: children under 5 free, under 16's £15 pn.

Securing a place is contingent on paying a £50 deposit and done on a 1st come 1st served basis. Payment is due at least 2 weeks before the workshop.

If your finical situation means you need to pay in instalments please get in touch to arrange.

Payment via bank transfer:

Fiona Fane-James
Account no. 29662868
Sort Code 30-87-84
BIC: LOYDGB21Y02
IBAN: GB28 LOYD30878461625160
Address: Lloyds, Saga 1, Charlton Place Andover, UK, SP10 1RB

or PayPal

missfionajames@yahoo.co.uk

Please be mindful of covering transfer charges.



AGREEMENTS

CANCELLATION POLICY :

If you can't attend the workshop:
A DEPOSIT OF £50 IS NON-REFUNDABLE.

If you want a refund:
Please let me know through
email: missfijames@gmail.com
The amount of your refund depends on how much notice you give AND DOES NOT INCLUDE THE VALUE OF THE DEPOSIT (£50)
- At least 30 days before the start of the event: 100% refund (less £50 deposit)
- Less than 30 but at least 14 days: 75% refund (less £50 deposit)
- Less than 14 days: 50% refund (less £50 deposit)
- Less than 7 days, on or after the start date: Sorry, no refund

Other cancellations and schedule changes:
We reserve the right to cancel or reschedule an event due to low enrolment, presenter illness, or other circumstances.
If the event is cancelled, participants will receive a full refund of their registration fee.
If the event is rescheduled, participants will have the option of attending the rescheduled event or receiving a full refund.
If we cancel or reschedule a workshop or other event, we won't refund your travel, lodging (unless you booked to stay at Bidston Observatory), or other expenses. We suggest you make refundable travel arrangements.

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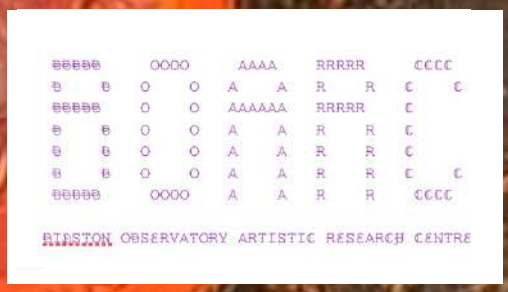

Please contact Fi for more information or to book your place:

missfijames@gmail.com

+447456089268

www.positiveplasticityproject.com

THE POSITIVE PLASTICITY PROJECT

fi james & co.